

PROFILE

Name: Dr. Richa Sharma

Teacher code: AYSV000323

Designation: Associate Professor

Subject: Swasthavritta and Yoga

Attended CME/Seminar:

1. International conference on 1-3rd December Atharva-2006 @ DGM Ayurvedic Medical College, Gadag (Karnataka)
2. National Sambhasha on Marma chikitsa etc. on 19/01/2019 @ BSI Ayurveda Medical College, Roorkee.
3. CME for teachers of Swasthavritta on 22-27 July, 2019 @ All India Institute of Ayurveda (AIIA), New Delhi.
4. International conference on Innovative Research in Ayush Science on 28-29 February, 2020 @ Bareilly (UP).
5. Web CME on Care of GI track and Kidney in the time of Covid-19 on 24 May 2020.

Academic achievement:

1. I worked as one among the members of editorial board working for International Journal of Ayurveda and Pharmacy (IJRAP).
2. I had been published my 2 Review papers on this same journal.
3. I am working as a writer since 2013 bearing the name as Dr. Richa 'Spasht'.
4. My first book was published in 2014 bearing the name as 'Antah Jagruti' depending upon social and spiritual subjects and its second colour edition will be available soon.

Extra achievements:

1. I am having the degree for 4 years of Prabhakar course for गायन and वादन both.
2. I had been passionate for dancing since my childhood to present time.